

CHAMPLIN WEEKLY MENU – Week of September 4-10

CHAMPLIN		
Breakfast	Mon-Fri	7:00am - 11:00am
Lunch	Mon-Fri	11:00am - 4:00pm
Dinner	Mon-Fri	4:00pm - 7:00pm
Brunch	Sat&Sun	11:00am - 3:00pm
Cont. B-fast	Sat&Sun	9:30am - 11:00am
Dinner	Sat&Sun	4:00pm - 7:00pm
GRAB & GO	Mon-Sun	11:00am - 7:00pm
PIZZA-TO-GO	Friday	4:00pm – 6:45pm
WINGS-TO-GO	Sunday	4:00pm – 6:45pm

BREAKFAST Available Daily: Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles, Breakfast Potatoes, Bagels/Pastries
DINNER Available Daily: Hamburgers, Cheeseburgers, Hot Dogs, Fries, Pizza, Deli, Salad Bar
LUNCH Available Daily: Hamburgers, Cheeseburgers, Hot Dogs, Fries, Pizza, Deli, Salad Bar, MYO Waffles

BREAKFAST

LUNCH

DINNER

<p>MONDAY 9/4 OMELETS TO ORDER Western Egg Wrap</p> <p>STEAK NIGHT! Carved NY Strip Steak with a side of Pan Gravy & Seared Asparagus</p>	<p>SOUP: Chicken Noodle / Creamy Roasted Cauliflower Soup ENTRÉE: Black Jack Chicken / Ancient Grains w/spinach, SDTomatoes, artichokes, rst peppers STARCH & VEGETABLE: Sweet Potato Fries / California Blend Veggies ALLERGEN FRIENDLY: Chicken/Biscuits, Mashed Potatoes/Veggies / Chicken / Deli / Soup CTO: Tuna Melt / Omelet Extension DELI SALAD: Pasta Salad / Mozzarella Sticks PIZZA & PASTA: 4 Cheese / Assorted Knots and Breadsticks DESSERT: Double Chocolate Chip Cookies</p>	<p>SOUP: Chicken Noodle / Creamy Roasted Cauliflower Soup ENTRÉE: Chicken Cordon Bleu / Bowtie Pasta w/garlic, peppers, asparagus, squash STARCH & VEGETABLE: Broccoli & Cheddar Stuffed Potato Boats / Sautéed Veggies ALLERGEN FRIENDLY: Seared Pork Chops w/Apricot Glaze Rst. Pot. & Gr Beans / Deli / Soup CTO: Steak Night / Chicken & Andouille Sausage Creole DELI SALAD: Pasta Salad / Mozzarella Sticks PIZZA & PASTA: Pepperoni sticks, Focaccia, Cinnamon knots, etc. DESSERT: Grand Marinier Torte</p>
<p>TUESDAY 9/5 OMELETS TO ORDER French Waffles</p>	<p>SOUP: Thai Chicken & Rice Noodles / Beef Vegetable ENTRÉE: Pork Carnitas / Veg Tempura STARCH & VEGETABLE: Pigeon Peas & Rice / Bermuda Blend ALLERGEN FRIENDLY: Tex Mex Patty Melt / Deli / Soup CTO: Mixed Italian Caprese Panini-Fresh Mozzarella, Basil, Spinach, rst Red Peppers, Tomatoes, & Prosciutto Sliced Italian bread, Grilled on a Panini Press w/ bals.glz. / Make it Vegetarian w/ Hummus & No Meat DELI SALAD: Tuna Mac Salad / Hot Salted Pretzels PIZZA & PASTA: Chicken Bacon Ranch / Assorted Knots & Breadsticks DESSERT: M&M Cookies</p>	<p>SOUP: Thai Chicken & Rice Noodles / Beef Vegetable / French Fry bar ENTRÉE: Cornflake Crusted Chicken Breast / Tempah w/sautéed button mushrooms STARCH & VEGETABLE: Scalloped Potatoes / Corn ALLERGEN FRIENDLY: Rice Noodle Bar / Deli / Soup CTO: Risotto Bar: Choice of Chicken, Shrimp, Scallops DELI SALAD: Tuna Mac Salad / Hot Salted Pretzels PIZZA & PASTA: Chicken Bacon Ranch / Assorted Knots & Breadsticks DESSERT: Angel Food Cake w/Toppings</p>
<p>WEDNESDAY 9/6 OMELETS TO ORDER Egg & Cheese Croissant</p>	<p>SOUP: Corn Chowder / Chicken Noodle ENTRÉE: Seared Salmon w/Wasabi Ponzu Sauce / Vegetarian Black Bean & Veggie Tacos STARCH & VEGETABLE: Confetti Cous Cous / Yellow Squash & Broccoli w/ginger butter ALLERGEN FRIENDLY: Seared Chicken Breast w/ Sautéed Veggies, Butter Pot. / Deli / Soup CTO: Pasta Action w/choice of Chicken and Veggies DELI SALAD: Fresh Mozzarella, Tomato & Basil Salad / Fresh Fried Potato Chips PIZZA & PASTA: Deep Dish Pizza / Garlic Toast DESSERT: Chocolate Jumble Cookies</p>	<p>SOUP: Corn Chowder / Chicken Noodle ENTRÉE: Beef Pot Roast / Eggplant Florentine w/marinara, garlic, spinach & asiago STARCH & VEGETABLE: Parsley Buttered Potatoes / Green Beans & Button Mushrooms ALLERGEN FRIENDLY: BBQ Pulled Pork, cole slaw & marinated cucumber salad / Deli / Soup CTO: Pasta Action w/choice of Chicken, Shrimp, Veggies DELI SALAD: Fresh Mozzarella, Tomato & Basil Salad / Fresh Fried Potato Chips PIZZA & PASTA: Garlic Toast DESSERT: Death by Chocolate Cake</p>
<p>THURSDAY 9/7 OMELETS TO ORDER Spinach & Cheddar Egg Wraps</p>	<p>SOUP: Turkey Rice / Mushroom Barley ENTRÉE: Tofu, Vegetable & Edamame Stir Fry / Coconut Curry Chicken STARCH & VEGETABLE: Indian Yellow Rice / Baby Carrots ALLERGEN FRIENDLY: Mac & Cheese w/ choice of Chicken Veg, Bacon / Deli / Soup CTO: Mongolian Grill w/choice of Chicken, Shrimp, Veggies DELI SALAD: Chicken Bacon Ranch Salad / Spiral Fries PIZZA & PASTA: Garlic, Tomato & Spinach Pizza DESSERT: Sugar Cookies</p>	<p>SOUP: Turkey Rice / Mushroom Barley / Bread Bar w/ Italy Season Oil Dried Beef Dip Cheese/ Fruit ENTRÉE: Glazed Ham / Fried Zucchini & Marinara Sauce STARCH & VEGETABLE: Mac & Cheese / Seared Asparagus ALLERGEN FRIENDLY: Chili Bar w/GF Tortilla Chips / Deli / Soup CTO: Sushi Bar DELI SALAD: Chicken Bacon Ranch Salad / Spiral Fries PIZZA & PASTA: Assorted Knots and Breadsticks Pepperoni sticks, Focaccia Cinnamon Knots DESSERT: Pumpkin Roll</p>
<p>FRIDAY 9/8 OMELETS TO ORDER Sausage, Egg & Cheese on a Biscuit Asian Stir Fry TO-GO!</p>	<p>SOUP: Tomato / Chicken Noodle ENTRÉE: Vegetable Korma / White Clam Sauce STARCH & VEGETABLE: Linguine / Sautéed Veggie Blend / Parmesan Garlic Toast ALLERGEN FRIENDLY: Chicken Cordon Bleu w/Mashed Potatoes, Corn / Deli / Soup CTO: Grilled Cheese Bar w/choice of cheese, bread, ham, turkey, pulled pork, bacon, and more DELI SALAD: Ambrosia Salad / Tater Tots PIZZA & PASTA: Flat bread Pizza / Assorted Knots and Breadsticks DESSERT: Snicker Doodle Cookies</p>	<p>SOUP: Tomato / Chicken Noodle ENTRÉE: Glazed Beef Brisket / Pasta w/Grape Tomatoes, Chick Peas, Artichoke Hearts STARCH & VEGETABLE: Mashed Potatoes / Snow Peas ALLERGEN FRIENDLY: Beef Tacos / Deli / Soup CTO: Szechuan Stir Fry Bar w/choice of Chicken or Shrimp DELI SALAD: Ambrosia Salad / Tater Tots PIZZA & PASTA: Assorted Knots & Breadsticks / Pepperoni Sticks, focaccia Cinnamon Knots, etc. DESSERT: Key Lime Pie</p>
<p>SATURDAY 9/9 OMELETS TO ORDER Omelets (CTO) 9:30-11am Continental Breakfast</p>	<p>SOUP: Du Jour ENTRÉE: French Toast HOT CEREAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut, cinnamon, brown sugar ALLERGEN FRIENDLY: Eggs/ Omelet made to order / GF blueberry pancakes w/ Pure Maple Syrup / Deli / Soup CTO: Omelets / Eggs Made to Order PIZZA & PASTA: Buffalo chicken pizza / Assorted Knots and Breadsticks DESSERT: Fruited Coffee Cake with Crumb Topping (Apple/Peach) & Ass't Fruit</p>	<p>SOUP: Beef Vegetable / Corn Dog Served with Choice of Cheese Sauce or Condiments ENTRÉE: Sweet & Sour Chicken / Stir Fried Veggies w/Tempura Fried Tofu Teriyaki STARCH & VEGETABLE: White Rice / Sautéed Vegetable Blend ALLERGEN FRIENDLY: Roasted Sirloin Steak, Veggie, Rstd Potatoes & Gravy / Deli / Soup CTO: Chicken Bacon Ranch Wraps PIZZA & PASTA: Pepperoni Sticks, Focaccia, Cinnamon Knots, etc. DESSERT: Cookies and Cream Pie</p>
<p>SUNDAY 9/10 OMELETS TO ORDER Omelets (CTO) Continental Breakfast Allergen: Eggs Made To Order Wings TO GO SERVICE</p>	<p>SOUP: Du Jour ENTRÉE: Cheesecake Pancakes w/strawberry sauce HOT CEREAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut, cinnamon, brown sugar ALLERGEN FRIENDLY: French Toast w/Maple Syrup / Deli / Soup CTO: Omelets PIZZA & PASTA: Meatball Pizza Assorted Breadsticks/ Knots DESSERT: Assorted Pastries</p>	<p>SOUP: Du Jour ENTRÉE: Roasted Leg of Lamb / Veggie Pasta Primavera STARCH & VEGETABLE: Oven Roasted Potatoes / Peas & Pearl Onions ALLERGEN FRIENDLY: GF Rice Bowl w/choice of Chicken, Pork & Veggies/ Deli / Soup CTO: Southwest Shrimp Tacos w/hard or soft taco shells PIZZA & PASTA: Meatball Pizza Assorted Breadsticks/ Knots DESSERT: Banana Split Bar</p>